

# 18th ESE Postgraduate Training Course on Endocrinology, Diabetes and Metabolism

25 - 28 February 2016  
Opatija, Croatia

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Thursday, 25 February 2016

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**15:00 - 19:00** Attendee Registration

**19:00 - 21:00** Welcome Reception

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Friday, 26 February 2016

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**8:30 - 9:00** Registration

**9:15 - 9:30** Course Opening

**9:30 - 11:00** **Session 1: Pituitary** | Chair: Castinetti, Dušek  
**Management of pituitary incidentaloma** | Tina Dušek (HR)  
**Aggressive pituitary tumours** | Frederic Castinetti (F)  
**Management of hyponatremia** | Sandra Pekić (SRB)

**11:00 - 11:20** Coffee break

**11:20 - 12:50** **Session 2: Diabetes 1** | Chair: Wium, Kraljević  
**What is proper diabetes control: myths and reality** | Cecilie Wium (N)  
**Blood pressure management in type 2 diabetes** | Maja Baretić (HR)  
**The impact of antidiabetic drugs on cardiovascular risk** | Andrej Zavrtnik (SLO)

**12:50 - 13:30** **DEBATE 1: Thyroid disorders and pregnancy – dilemmas about the treatment**  
Wilmar Wiersinga (NL) & Robin Peters (NL)

**13:30 - 14:30** Lunch

**14:30 - 15:30** **Session 3: Thyroid** | Chair: Baretić, Peeters  
**Non-thyroidal illness** | Robin Peeters (NL)  
**Challenging thyroid function tests** | Wilmar Wiersinga (NL)

**15:30 - 16:30** **Clinical cases**  
**Diabetes - part I** | Cecilie Wium | Simon Heller  
**Pituitary - part I** | Marta Korbonits | Frederic Castinetti  
**Thyroid** | Wilmar Wiersinga | Robin Peeters

**16:30 - 16:50** Coffee break

**16:50 - 18:20** **Session 4: Miscellaneous** | Chair: Korbonits, Bolanowski  
**Management of GH deficiency in transition period** | Miša Pfeifer (SLO)  
**Genetics in endocrinology** | Marta Korbonits (UK)  
**Differential diagnosis and management of hyperprolactinemia** | Marek Bolanowski (PL)

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Saturday, 27 February 2016

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**8:30 - 10:00** **Session 5: Adrenal & NET** | Chair: Timmers, Kaštelan  
**Management of adrenal incidentaloma** | Darko Kaštelan (HR)  
**Management of pheochromocytoma** | Henri Timmers (NL)  
**Management of neuroendocrine tumours** | Tatjana Isailović (SRB)

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## Saturday, 27 February 2016 (continued)

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### 10:00 - 10:50 Clinical cases

**Diabetes – part II** | Simon Heller | Cecilie Wium  
**Pituitary – part II** | Marta Korbonits | Miklos Toth  
**Adrenal** | Henri Timmers | Stylianos Tsagarakis

### 10:50 - 11:10 Coffe break

**11:10 - 12:40 Session 6: Cushing's syndrome** | Chair: Trainer, Tsagarakis  
**Cushing's syndrome - challenging cases** | Peter Trainer (UK)  
**Glucocorticoid burden, bone turnover and fracture risk in endogenous Cushing's syndrome**  
Miklos Toth (H)  
**Subclinical Cushing's syndrome – should we treat or not?** | Stylianos Tsagarakis (GR)

**12:40 - 13:20 DEBATE 2: Bilateral adrenalectomy versus medical therapy for treatment of Cushing's disease after unsuccessful pituitary surgery(ies)** | Stylianos Tsagarakis (GR) vs Peter Trainer (UK)

### 13:20 - 14:20 Lunch

**14:20 - 15:20 Session 7: Diabetes 2** | Chair: Wium, Duvnjak  
**Treatment targets 2016** | Lea Smirčić Duvnjak (HR)  
**Hypoglycaemia in T1DM and T2DM** | Simon Heller (UK)

### 15:20 - 16:20 Clinical cases

**Diabetes – part III** | Simon Heller | Cecilie Wium  
**Pituitary – part III** | Peter Trainer  
**Bone** | Miša Pfeifer | Jens Bollerslev

### 16:20 - 16:40 Coffe break

**16:40 - 18:10 Session 8: Bone** | Chair: Bollerslev, Pfeifer  
**Osteoporosis in acromegaly** | Jens Bollerslev (N)  
**Emerging causes of osteoporosis (aromatase inhibitors, androgen deprivation therapy)**  
Miša Pfeifer (SLO)  
**Renal bone disease** | Drasko Pavlović (HR)

**18:15 – 19:15 EXAM** | Chair: Bollerslev, Heller

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## Sunday, 28 February 2016

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**8:30 - 10:00 Session 9: Pregnancy** | Chair: Pavičić Baldani, Renar  
**Metabolic adaptations in pregnancy** | Sergej Pirkmajer (SLO)  
**Thyroid disease in pregnancy** | Simona Graberšček (SLO)  
**Gestational diabetes – dispute about guidelines** | Ivana Pavlič Renar (HR)

### 10:00 - 10:20 Coffe break

**10:20 - 11:50 Session 10: Diabetes, Metabolism and Obesity** | Chair: Georgescu, Škorić Polovina  
**The endocrinologist's role in bariatric surgery** | Snežana Polovina (SRB)  
**Treatment of PCOS – gynaecological perspective** | Dinka Pavičić (HR)  
**Metabolic consequences of PCOS – how to tackle them** | Carmen Georgescu (RO)

**11:50 - 12:00 Concluding remarks**